



Fall 2023: Learn to Kayak

Program Requirements: Ages 9-17 years

Learn to Kayak is a program designed for youth to learn basic kayaking skills through education and on-site instruction.

\$10

Participants will learn:

- Identify parts of a kayak
- Launching a kayak
- Basic navigation skills
- Introduction to knot tying
- Steering and paddling safety
- Paddling in an open water environment
- Identification of hazards in the water
- Team building exercises
- and more!

All necessary equipment will be provided to participants which includes a kayak, a life vest, and an oar. Each participant will also receive a T-shirt.



Pick-up time 8:00 AM*

Onsite at Kayaking Location 9:00 AM to 2:00 PM*

Drop-off time back to original site 3:00 PM*

*All times are estimates

Session	Dates	Registration	Pick-Up Locations	Kayak Locations
#1	Saturdays 9/9, 9/16, 9/23, 9/30	August 26 @ 9am	J.C.A.S.S	Lake Balboa, Hansen Dam
#1	Sundays 9/10, 9/17, 9/24, 10/1	August 26 @ 9am	Cleveland	Lake Balboa, Hansen Dam
#2	Saturdays 10/7, 10/14, 10/21, 10/28	September 23 @ 9am	LACES	Lake Balboa, Hansen Dam
#2	Sundays 10/8, 10/15, 10/22, 10/29	September 23 @ 9am	Hey Rookie	Cabrillo Beach
#3	Saturdays 11/4, 11/11, 11/18, 12/2	October 21 @ 9am	Glassell	Lake Balboa, Hansen Dam
#3	Sundays 11/5, 11/12, 11/19, 12/3	October 21 @ 9am	Hollywood	Lake Balboa, Hansen Dam

Visit: www.laparks.org/discover-activities to register.

If transportation is needed from the pick-up location to the kayak location select "Yes" when registering.

Persons with disabilities are welcome to participate in our aquatic programs.

Reasonable accommodations will be made with prior arrangements.

Made possible by the LA28 Olympic and Paralympic Games

