



Fall 2024 Learn to Kayak

Program Requirements: Ages 9-17

Learn to Kayak is a program designed for youth to learn basic kayaking skills through education and on-site instruction.

Participants will learn:

- Identify parts of a kayak
- Launching a kayak
- Basic navigation skills
- Introduction to knot tying
- Steering and paddling safety
- Paddling in an open water environment
- Identification of hazards in the water
- Team building exercises
- and more!

All necessary equipment will be provided to participants which includes a kayak, a life vest, and an oar. Each participant will also receive a t-shirt.



\$10

**Onsite at Kayaking Location
9:00 AM to 2:00 PM**

Session	Dates	Registration*	Kayaking Locations
#1a	Saturdays: 9/7, 9/14, 9/21, 9/28	August 24	Hansen Dam or Cabrillo Beach
#1b	Sundays: 9/8, 9/15, 9/22, 9/29	August 24	Hansen Dam or Cabrillo Beach
#2a	Saturdays: 10/5, 10/12, 10/19, 10/26	September 14	Hansen Dam or Cabrillo Beach
#2b	Sundays: 10/6, 10/13, 10/20, 10/27	September 14	Hansen Dam or Cabrillo Beach
#3a	Saturdays: 11/2, 11/9, 11/16, 11/23	October 12	Hansen Dam or Cabrillo Beach
#3b	Sundays: 11/3, 11/10, 11/17, 11/24	October 12	Hansen Dam or Cabrillo Beach
#4a	Saturdays: 12/7, 12/14, 12/21, 12/28	November 9	Hansen Dam or Cabrillo Beach
#4b	Sundays: 12/8, 12/15, 12/22, 12/29	November 9	Hansen Dam or Cabrillo Beach

**Online Registration opens @ 9:00 AM. No on-site registration.*

Visit: www.laparks.org/discover-activities to register.

Persons with disabilities are welcome to participate in our aquatic programs. Reasonable accommodations will be made with prior arrangements.

Made possible by the LA28 Olympic and Paralympic Games

