

Summer: Learn to Surf Program

Learn to Surf is a program designed for youth to learn basic oceanic safety through surf education. Participants will learn:

- Identification of hazards at the beach
- Body surfing
- Paddling in & around the surf zone
- Popping up

No transportation will be provided for sessions at Cabrillo Beach.

All necessary equipment will be provided to participants which include surfboards, wetsuits, rashguard, T-shirt & shorts.

Program Requirements

Age 9-17, Swim 100 yards* *Must be done prior to registration









	Session Dates	Registration (Online Only)	Location
#1	June 20, 21 & 23	June 4 @ 9:00 AM	Cabrillo Beach 9am - 12:30pm
#2	June 26, 28 & 30	June 10 @ 9:00 AM	Cabrillo Beach 9am - 12:30pm
#3	July 3, 5 & 7	June 17 @ 9:00 AM	Cabrillo Beach 9am - 12:30pm
#4	July 17, 19 & 21	July 1 @ 9:00 AM	Cabrillo Beach 9am - 12:30pm
#5	July 24, 26 & 28	July 8 @ 9:00 AM	Cabrillo Beach 9am - 12:30pm
#6	July 31, August 2 & 4	July 15 @ 9:00 AM	Cabrillo Beach 9am - 12:30pm
#7	August 7, 9 & 11	July 22 @ 9:00 AM	Cabrillo Beach 9am - 12:30pm

Persons with disabilities are welcome to participate in our aquatic programs. Reasonable accommodations will be made with prior arrangements. Full refunds are only issued when the facility cancels the activity. A 15% cancellation fee is assessed for all refunds. Information on this flyer is subject to change without prior notice.

Made possible by the LA 28 Olympic and Paralympic Games













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